

# Sangker River Run

20 January 2024

Battambang, Cambodia



## Join the First-Ever Run/Cycle along the Sangker River!

Looking for your next big running or cycling adventure?

Join your fellow athletes from around Asia and across the globe for this race along the picturesque Sangker River just outside of Battambang, Cambodia. The inaugural Sangker River Run is for dedicated solo runners, relay runners, and cyclists who want to challenge themselves along a brand new, scenic-but-intrepid route and who want to help fundraise for a good cause.

### Quick Facts

- **Date:** 20 January 2024
- **Time:** 5:30 a.m.
- **Distance:** 30 km (18.64 miles)
- **Location:** Battambang, Cambodia

### Who Can Join

- **Solo Runners:** Run entire 30 km
- **Solo Cyclists:** Cycle entire 30 km
- **Team of 3 Runners:** Run 10 km each

### The Route

- **Start:** Banan Temple
- **End:** Phare Ponleu Selpak campus in Battambang
- **Turn-by-turn map:** <https://bit.ly/3udQUrj>

## About the Sangker River Run/Cycle

The Sangker River Run begins at the foot of Phnom Banan, a mountain on the outskirts of Battambang home to an 11th-century Hindu and Buddhist temple. From Banan, you'll wind along the Sangker River making your way past rice fields, over suspension bridges, and through downtown Battambang, a UNESCO Creative City. You'll end the race on the campus of [Phare Ponleu Selpak](#) – a local non-profit arts school – where you'll receive snacks and refreshments from local vendors.

For cyclists, the route is suitable for both road bikes and mountain bikes, following a similar path as the runners (but a bit smoother in a few places). Bicycle transport will be provided to the starting point.

Solo runners and cyclists should be capable of completing at least a half marathon (21 km or 13.1 miles). Relay runners need to run 10 km each. If you like to run or cycle long distance and want to push yourself a bit further – or if you're an experienced ultramarathoner looking for a light jog – this race is perfect for you.

# About the Organizer

[Phare Ponleu Selpak](#) is a non-profit arts school that empowers children, youth, and their communities. Inspired by drawing workshops at the Site 2 refugee camp on the Thai border, nine evacuee students founded Phare Ponleu Selpak in 1994 on the outskirts of Battambang, Cambodia.

Today, 30 years later, more than 1000 students participate in classes, workshops, and vocational programs on the Phare campus, including music, dance, visual arts, theatre, circus, animation, and graphic design. Phare also hosts a public school, kindergarten, tutoring center, and social support office. Phare Ponleu Selpak changes lives through the arts by giving students the opportunities to become professional and self-sufficient artists and performers.



ហ្វារេពន្លឺសឺល្យាក់®  
Phare Ponleu Selpak



## Why We're Organizing the Sangker River Run

Help us **celebrate 30 years** of Phare Ponleu Selpak  
and **raise \$300,000** for arts & education programs

### Ready to Take on the Challenge?

#### 1. Get Ready...

Register using the QR code below or on our website.

Sign up as one of the following:

- 10 km, relay team
- 30 km solo runner
- 30 km solo cyclist

#### 2. Get Set...

Fundraise from your family, friends, and colleagues.

A fundraising packet with more tips and details will be sent to you (or your team) after registration.

#### 3. Race!

We look forward to seeing you at the Sangker River Run.

After you cross the finish line, enjoy a **free** Phare Battambang Circus show that evening put on by our students.

Sangker River Run

30 km for 30 Years of  
Phare Ponleu Selpak

20 January  
2024



Register to run  
or cycle:



phareps.org